

PARTY STARTERS

FRIED 'CHOKES (V) (GF) 8

Artichoke hearts dipped in gluten-free flour & crispy fried, with sweet & spicy super secret sticky sauce (tamari, lemongrass, *Quarry Hill Farm maple syrup...and some other stuff)

AVOCADO TOAST (V & GF AVAILABLE ON REQUEST) 9

Avocado spread on 2 slices of organic multigrain bread with (or without) an over easy *cage-free egg, balsamic reduction drizzle, topped with pico de gallo

THE STICKY GREEN (BEANS) (V) (GF) 8

Locally sourced plump lil' beans tossed with our sweet & spicy sticky sauce (tamari, lemongrass & Quarry Hill Farm maple syrup)

HOUSE TORTILLA CHIPS (V) (GF) 5

Corn tortilla chips with choice of: house made grilled-corn salsa; pico de gallo; guacamole; sundried tomato hummus

HIPPIE FRIES (V) (GF) 6

Chick pea flour & spices crafted into a nifty french fry shape, fried golden brown & served with mint yogurt dipping sauce

FRIENDLY FRIES (V) (GF) 5

Fresh, hand cut sweet 'tater fries (none of that frozen garbage) with honey mustard dipping sauce

'MERICA FRIES (V) (GF) 5

Fresh russet potatoes fried to perfection, house spiced with a sprinkle of this & that. Hand cut? Darn right they are.

* indicates locally sourced ingredients

Our menu is thoughtfully crafted with love and attention; we strive to source food locally and support sustainably raised ingredients whenever possible. Suggestions? We wanna hear 'em! Hit us up: info@RanchCampVT.com

BURRITOS

CHOOSE YOUR TORTILLA (V): WHITE, WHEAT, GLUTEN FREE

FIXIN'S

GUAC 1.5

FRIES 3

CORN SALSA 1.5

PICO DE GALLO 1.5

VERMEXICO 13.5

Seasoned & grilled flank steak, black beans, brown basmati rice, guacamole, grilled corn salsa, * 3-cheese blend, * sour cream, * maple roja sauce

EL MONTE VERDE 13

House rubbed & smoked chicken, green lentils, brown basmati rice, guacamole, pico de gallo, * VT cheddar, * maple verde sauce. 15mpb (miles per burrito) guaranteed!.

POWER PLANT (V) 13

Marinated seasoned & seared * tofu, barley, green lentils, grilled corn salsa, artichokes, broccoli, chickpeas, guacamole, kale & * maple verde sauce

PERCYRRITO 13

Dry rubbed & braised pork, black beans, brown basmati rice, apple & avocado guacamole, pico de gallo, * VT cheddar, * maple roja sauce

EARLY RISER 13

* Cage free egg, fried sweet potato, bacon, black beans, * VT cheddar, spinach, roasted tomato, * maple roja sauce

7 LAYERS, MAN 10

Black beans, brown basmati rice, sour cream, romaine, pico de gallo, guacamole, *3-cheese blend

SAMMICHES & SUCH

GLUTEN FREE WRAPS OR BREAD AVAILABLE UPON REQUEST
INCLUDES A SIDE OF HOUSE FRIED CORN TORTILLA CHIPS

ADD ANY FRIES FOR \$3

VEGGIE FOCACCIA 13

Marinated & grilled summer squash, zucchini, red onion,
fresh * VT mozzarella, & arugula pesto

SMOKED TURKEY WRAP 12

House rubbed & smoked turkey, bacon, *VT cheddar,
spinach, garlic roasted tomato, julienne red onion,
cranberry vinaigrette

SMOKED CAPRESE CHICKEN 10.5

House rubbed & smoked chicken, sliced tomato,
fresh basil, balsamic reduction on a ciabatta roll

HOUSE MADE FALAFEL 10

Toasted half pita, sesame & cucumber tzatziki sauce,
lettuce, sliced tomato, quick-pickled red onion

POWER BOWLS

T-BOWL 12

Pan seared medium rare ahi tuna, barley,
grilled summer squash & zucchini, broccoli,
& roasted garlic tomato

THE ROCK 12

Black beans, brown basmati rice, arugula, corn salsa,
avocado, choice of chicken, pork, or tofu, & choice of dressing

A.M. BOWL 10

Cage free egg, * VT cheddar, bacon, black beans, roasted
garlic tomato, spinach, served w/ 21 grain and seed bread

SALADS

ADD PROTEIN TO ANY SALAD: HOUSE RUBBED & SMOKED CHICKEN
\$4, GRILLED STEAK \$6, SEARED TUNA \$8, BRAISED PORK \$4,
SEARED TOFU \$4

DRESSINGS (ALL MADE IN HOUSE): MAPLE BALSAMIC, APPLE CIDER
VINAIGRETTE, SESAME VINAIGRETTE, CRANBERRY VINAIGRETTE,
RANCH, HONEY MUSTARD

BEETS BY JOE 10

Arugula, roasted sliced beets, sliced apples, * goat cheese,
seed trio, apple vinaigrette

STOWE LOCAL 9.5

House made * maple balsamic, chopped bacon, red onion,
* goat cheese, seed trio, baby spinach

RANCH CAMP COBB 10

Romaine, smoked chicken, diced red onion, hard boiled egg,
chopped bacon, diced tomato, * 3-cheese blend, choice of dressing

ROADIE SALAD 9

Warm kale, organic dried cranberries, toasted pumpkin seeds,
sliced granny smith apples, VT cheddar, cranberry vinaigrette

LITTLE RIPPERS (KIDDOS)

ALL KIDS MENU ITEMS INCLUDE FRIES

CHICKEN FINGERS (GF) 8

Chicken tenders coated in Ranch Camp's secret crunch mix,
with honey mustard and crispy fries

PITA B.L.T 8

Lightly toasted half pita stuffed with crispy bacon, lettuce, & tomato

CRUNCHY CHICKEN WRAP 8

Crispy fried crunchy chicken, bacon, lettuce, corn salsa,
& sun butter (GF wrap available)

GOOEY GREEN CHEESE 8

Pesto & melted * VT fresh mozzarella on organic white or 21-grain
GF available

PITA PLATE 4

Toasted pita served with sun butter spread & sliced
granny smith apples